



Eileen Bodeliah

12334 SW 56th Ave. # 111
Portland, OR 97206
(503) 245-9876
ebodeliah7@marslink.net

Career Objective

Personal Trainer / Fitness Instructor

Professional Experience/Accomplishments

- ▶ Led one-on-one and group fitness instruction ▶ Provided individual assessments and program design ▶ Developed lesson plans ▶ Designed and taught aerobics class ▶ Developed and led recreational classes and activities for seniors
- ▶ Coordinated assessment and other activities with medical and support staff
- ▶ Provided customer service and sales support ▶ Attended YMCA training courses

Education

AAS in Fitness Technology, June 201X
Portland Community College, Portland Oregon

Certifications

Personal Trainer, ACE, August 201X
Health/Fitness Instructor, ACSM, July 201X
Adult CPR/First Aid, American Red Cross, Current

Related Work History

Recreation Director, July 201X – Present
Timberhill Residential Center, Beaverton Oregon

Personal Trainer Intern, March 201X – June 201X
Metro Family YMCA, Portland Oregon

Teaching Assistant, March 201X – September 201X
Physical Education Dept., Portland Community College, Portland Oregon

References available on request