



Eileen Bodeliah

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Career Objective

Personal Trainer / Fitness Instructor

Education

AAS in Fitness Technology, June 201X
Portland Community College, Portland Oregon

Certifications

Personal Trainer, ACE, August 201X
Health/Fitness Instructor, ACSM, July 201X
Adult CPR/First Aid, American Red Cross, Current

Experience

Recreation Director, July 201X – Present
Timberhill Residential Center, Beaverton Oregon
Duties: Develop and lead recreational classes and activities for seniors,
Coordinate assessment and other activities with medical and support staff

Personal Trainer Intern, March 201X – June 201X
Metro Family YMCA, Portland Oregon
Duties: Assisted trainers with individualized weight training and fitness assessment,
Designed and taught aerobics class, Attended YMCA training workshops,
Provided customer service and sales support

Teaching Assistant, March 201X – September 201X
Physical Education Dept., Portland Community College, Portland Oregon
Duties: Developed lesson plans, Provided individual assessments and program
design, Led one-on-one and group instruction

References available on request